

January 3, 2003

NOTICE OF INDEPENDENT REVIEW DECISION

RE: MDR Tracking #: M2-03-0389-01

___ has been certified by the Texas Department of Insurance (TDI) as an independent review organization (IRO). ___ IRO Certificate Number is 5348. Texas Worker's Compensation Commission (TWCC) Rule §133.308 allows for a claimant or provider to request an independent review of a Carrier's adverse medical necessity determination. TWCC assigned the above-reference case to ___ for independent review in accordance with this Rule.

___ has performed an independent review of the proposed care to determine whether or not the adverse determination was appropriate. Relevant medical records, documentation provided by the parties referenced above and other documentation and written information submitted regarding this appeal was reviewed during the performance of this independent review.

This case was reviewed by a practicing physician on ___ external review panel. This physician is board certified in orthopedic surgery. ___ physician reviewer signed a statement certifying that no known conflicts of interest exist between this physician and any of the treating physicians or providers or any of the physicians or providers who reviewed this case for a determination prior to the referral to ___ for independent review. In addition, ___ physician reviewer certified that the review was performed without bias for or against any party in this case.

Clinical History

This case concerns a 25 year-old gentleman who sustained a work related injury on ___ to his right knee. The patient states that he fell off a ladder on ___ while at work. The patient had an MRI that showed a partial tear of the anterior cruciate ligament and a small tear of the lateral meniscus. The patient underwent arthroscopy and ACL reconstruction and the findings from this procedure were anterior cruciate ligament strain and there was Grade 3 and Grade 4 chondromalacia of the patella. The procedure involved chondroplasty of the patella. The patient also underwent physical therapy after surgery due to some quadricep atrophy.

Requested Services

ACL Brace.

Decision

The Carrier's denial of authorization and coverage for the requested item is upheld.

Rationale/Basis for Decision

___ physician reviewer indicated that the patient sustained a work related injury on ___. ___ physician reviewer noted that the patient sustained an ACL sprain for which he had undergone an Oratec shrinkage procedure. ___ physician reviewer explained that this procedure is performed by applying radio frequency on the ACL to shrink the ligament. ___ physician reviewer also noted that an ACL Brace was requested for post surgical treatment of the patient's

ACL sprain. ____ physician reviewer explained that the procedure performed was to shrink the ACL ligaments and was not a formal reconstruction procedure. ____ physician reviewer further explained that the medical records provided did not demonstrate that the patient has any type of potential functional instability requiring an ACL Brace. Therefore, ____ physician consultant concluded that the requested ACL Brace is not medically necessary to treat this patient's condition.

This decision is deemed to be a TWCC Decision and Order.

YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **10 (ten)** days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions a request for a hearing must be in writing and it must be received by the TWCC Chief Clerk of Proceedings within **20 (twenty)** days of your receipt of this decision. (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed. (28 Tex. Admin. Code 102.4(h) or 102.5(d)). A request for a hearing should be sent to:

Chief Clerk of Proceedings
Texas Workers' Compensation Commission
P.O. Box 40669
Austin, TX 78704-0012

A copy of this decision should be attached to the request.

The party appealing the decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute. (Commission Rule 133.308(t)(2)).

Sincerely,